



HR | Australian Government - Travel Restrictions & Recommendations 14th March 2020

Dear Colleagues,

On Friday 13 March, the Department of Foreign Affairs website www.smartraveller.gov.au advised all Australians to reconsider their need for overseas travel at this time regardless of destination, age or health. If your overseas travel is not essential, please consider carefully whether now is the right time to travel overseas.

The Department of Foreign Affairs issued this advice based on the following principals:

1. There may be a higher risk of contracting COVID-19 overseas. You may come in contact with more people than usual, including during long-haul flights and in crowded airports. Health care systems in some countries may come under strain and may not be as well-equipped as Australia's or have the capacity to support foreigners. You may not have your normal support networks overseas.
2. Overseas travel has become more complex and unpredictable. Many countries are introducing entry or movement restrictions. These are changing often and quickly. Your travel plans may be disrupted. You may be placed in quarantine or denied entry to some countries, and you may need to self-quarantine on return to Australia. Think about what this might mean for your health, and your family, work or study responsibilities.

In relation to the current travel restrictions, the Australia Health Protection Committee advised that for people returning from mainland China, Iran, Republic of Korea and Italy all restrictions will remain in place and considers these countries to be a high risk for Covid-19.

The Australian Government also considers the following countries to be at moderate risk for COVID-19:

- Cambodia
- Indonesia
- Japan
- Singapore
- Thailand

If you have recently travelled to these countries please inform your local HR representative and monitor your health for 14 days after leaving that country. If you develop a fever or cough, seek medical advice urgently, isolate yourself and notify your local HR representative.

We thank you for your support.

YOU MATTER. ALWAYS.